

## Lakeshore Woody Habitat in Review

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### Introduction

Coarse woody habitat (CWH) in lakes is classified as trees, limbs, branches, roots, and wood fragments at least 4 inches in diameter that enter a lake by natural (beaver activity, toppling from ice, wind, or wave scouring) or human means (logging, intentional habitat improvement, flooding following dam construction, Guyette and Cole 1992, Christensen et al. 1996; Engel and Pederson 1998). CWH in the littoral or near-shore zone serves many functions within a lake ecosystem including erosion control, as a carbon source, and as a surface for algal growth which is an important food base for aquatic macroinvertebrates (Engel and Pederson 1998; Sass 2009). Presence of CWH has also been shown to prevent suspension of sediments, thereby improving water clarity (Sass 2009). CWH serves as important refuge, foraging, and spawning habitat for fish (Hanchin et al 2003, Lawson et al. 2011), aquatic invertebrates, turtles, birds, and other animals (Engel and Pederson 1998; Sass 2009).

The amount of littoral CWH occurring naturally in lakes is related to characteristics of riparian forests and likelihood of toppling (Marburg et al. 2006). However, humans have also had a large impact on amounts of littoral CWH present in lakes through time. During the 1800's the amount of CWH in northern lakes was increased beyond natural levels as a result of logging practices. But through time changes in the logging industry and forest composition along with increasing shoreline development have led to reductions in CWH present in many northern Wisconsin lakes. CWH is often removed by shoreline residents to improve aesthetics or select recreational opportunities (swimming and boating). Jennings et al. (2003) found a negative relationship between lakeshore development and the amount of CWH in northern Wisconsin lakes. Similarly, Christensen et al. (1996) found a negative correlation between density of cabins and CWH present in Wisconsin and Michigan lakes. While it is difficult to make precise determinations of natural densities of CWH in lakes it is believed that the value is likely on the scale of hundreds of logs per mile. The positive impacts of CWH on fish communities have been well documented by researchers, making the loss of these habitats a critical concern.

Fortunately, remediation of this habitat type is attainable on many waterbodies, particularly where private landowners and lake associations are willing to partner with county, state, and federal agencies. Large-scale CWH projects are currently being conducted by lake associations and local governments with assistance from the WDNR where hundreds of whole trees are added to the near-shore areas of lakes (for more information on this process visit: <http://dnr.wi.gov/topic/fishing/outreach/fishsticks.html>). These types of projects are more formally called "tree drops" but are popularly called "fish sticks". Benefits of CWH to the fish communities (with particular emphasis on fisheries issues in northern Wisconsin) and notes on the placement, maintenance, and degradation of woody structures are detailed in the following sections.

## **The Influence of Coarse Woody Habitat on Fish Communities**

Woody structure in lakes and ponds has been shown to be an important and preferred habitat for many fish species. Newbrey et al. (2005) observed 16 different species occupying CWH in a Wisconsin lake. Woody structure likely has an increased importance in some northern Wisconsin lakes where aquatic vegetation is often absent or limited.

CWH has been shown to be important for various life stages of many different fish species. Black bass species (smallmouth and largemouth) often build spawning nests in proximity to CWH, particularly large logs (Hunt and Annett 2002; Lawson et al. 2011; Weis and Sass 2011). Research suggests that addition of supplemental CWH may improve reproduction of black bass in lakes where CWH is lacking or has been removed. Newly hatched smallmouth bass will often inhabit CWH, and declines in this habitat type have been linked to reduced abundance of young smallmouth (Brown and Bozek 2010). Yellow perch need submerged wood and vegetation on which to lay eggs (Hanchin et al 2003). Accordingly, Helmus and Sass (2008) and Sass et al. (2006b) found a decline in a yellow perch abundance following an artificial reduction in CWH.

CWH can play an important role in predator prey relationships, particularly between largemouth bass and bluegill. Bluegill are attracted to woody debris as a refuge from predation and also because these habitats are often colonized by insects that feed on periphyton growing on the surface of wood. Presence of largemouth bass has been shown to alter the types of woody structure preferred by bluegill, which will select smaller spaces within the structure in the presence of this predation threat (Johnson et al. 1988). Largemouth bass are by nature a generalist species capable of shifting foraging mode to suit experienced habitats. Ahrenstorff et al. (2009) found largemouth bass had smaller home ranges, lower activity rates, and greater occupancy of the near-shore littoral zone (<2m deep) following an increase in littoral CWH. Additionally, bass in lakes with more CWH had higher consumption rates and a more general diet, indicative of a sit-and-wait foraging strategy (Sass et al 2006b). Both sets of authors suggest that reduced activity but increased consumption rates by largemouth bass in the presence of CWH could lead to faster growth rates in comparison to open habitats. Other studies of bass and bluegill interactions support this hypothesis (Schindler 2000, Sass 2006a). Sass et al. (2006a) found predation rates on prey fish were highest in the areas immediately adjacent to woody littoral habitat and decreased with increasing depth and distance from these areas. Predation rates within a refuge of near-shore CWH were also lower than on the edge of the refuge. Bevelhimer (1996) showed that smallmouth bass will select these types of structure even when water temperature is above optimal, suggesting that bass of both species will continue to use littoral woody habitat even through warm summer months.

Previous studies suggest that additions of CWH could have several positive effects on fish community interactions in Wisconsin lakes. Yellow perch need woody or vegetative structure on which to drape their eggs when spawning. Studies have shown decreases in perch abundance when littoral wood is removed (Sass et al. 2006b). Restoring woody habitat may have positive effects on yellow perch spawning success and abundance. Because yellow perch have been documented as an important diet item for walleye it would follow that increases in juvenile yellow perch abundance would lead to

improved growth rates of walleye and other predators that rely heavily on perch in their diet. Several studies have shown that in the presence of littoral woody habitat largemouth bass are able to devote less energy into searching for and capturing prey, thereby increasing growth rates (Sass et al 2006b). This may also be true for other ambush predators including pike and muskie which may use littoral woody habitat on a more limited basis. However, it should be noted that any population level effects may not be immediate (Sass et al. 2011).

### **Angling Considerations**

There has been considerable debate as to whether the placement of structure into lakes results in an actual increase in fish production or merely congregates populations. Some researchers argue that fish attraction occurs because these areas provide an advantage in prey capture or predator avoidance (Johnson et al. 1988). Other authors have argued that added structures, particularly in lakes with little existing structure, only congregate populations making them more accessible to anglers and merely giving the impression of increased abundance. As an example, Johnson et al. (1988) found that artificial structures simulating wood attracted 5-10% of bluegill present in ponds despite accounting for less than 1% of the area of the ponds. In situations where fish populations show a strong affinity for added structure and these areas are targeted heavily by anglers it may be possible for overfishing to occur. This debate has largely been centered on the addition of offshore structure or “fish cribs” that are utilized by fish and anglers throughout winter months. Additions of near-shore wood in the form of tree drops are more natural, appear to concentrate fish to a lesser extent, and are largely considered to be positive for the ecosystem while still serving as excellent fishing spots during the open water period.

### **Placement, Design, and Degradation of Woody Debris in Lakes**

CWH decomposition rate increases with water temperature, pH, and the abundance of shredding invertebrates (Engel and Pederson 1998). While large pieces of CWH can have a residence time of several centuries (Guyette and Cole 1999), Christensen et al. (1996) estimated that it could take up to 200 years for developed lakes to naturally replenish woody debris that had been removed. These findings justify littoral wood additions, particularly additions of whole trees harvested from upland areas and placed on shorelines, as a means to restore these habitat types to levels at which they occurred naturally.

The design of woody habitat additions should be given some consideration to meet the goals of a restoration project. Johnson and Lynch (1992) evaluated the fish attraction capabilities of several types of structures including evergreen trees (upright and prone), brush piles, and stake beds. Evergreen trees provided as good or better fish attraction than the other two structures and were considered to be less costly to construct. Woody structures in this study were placed at four meter depth; littoral tree drops were not evaluated. In an evaluation of habitat structure by Bryant (1992), young and adult smallmouth and largemouth bass utilized both a uniformly-dense and dense-with-open-pockets CWH structure design. These results suggest that the preference of these species

for occupying woody habitat over open areas is stronger than the preference among specific types of woody habitat. In this study, adult bass utilized structure located in up to three meters depth. Johnson (1993) found that bluegill selected both horizontal and vertically oriented structure over open water, with a slight preference for vertical over horizontally oriented artificial structures. Newbrey et al. (2005) found increasing complexity of branching to be positively associated with fish species richness, diversity, and abundance, but preference for branching complexity varied by species. Generally, most studies conclude that fish have a strong preference for some degree of branching over simple, unbranched logs, and striving for a variety of branching densities may be an optimal strategy to benefit a wide range of species (Sass et al. 2011). Similarly, CWH additions that cover a range of depths can be expected to be beneficial to a wider variety of species over a greater seasonal timeframe. It should be noted that individual pieces of structure appear to have a ‘carrying capacity’ of fish that they are capable of supporting (Johnson et al. 1988). Therefore, density of structure being placed into a water body should be considered carefully to balance habitat needs and human effort.

Concerns related to these projects do exist. Trees can become dislodged from shore as a result of ice sheering or wind and wave action. Dislodged trees can pose a serious danger to boaters and may also result in property damage if swept into docks or boat lifts. Additionally, lakes that experience water level draw-downs will pose major challenges to placing and maintaining trees. The species of trees selected for these projects is also an important consideration. Hardwood species such as cedar, oak, and ironwood are preferred and will have increased residence time in comparison to softwood species such as basswood and pines. Spruce and hemlock trees should be avoided for use in fish habitat work as the bark of these species has been shown to be toxic to some taxa of aquatic animals (Buchanan et al. 1976).

Rogers and Bergersen (1999) evaluated four woody structure types and concluded that additions of structure could be expected to have the most benefit to fish communities and anglers in lakes with little existing structure and sparse aquatic vegetation. There is some debate as to whether the presence of woody debris stimulates aquatic plant growth in the immediate area by stabilizing sediments and seed beds (Bryant 1992; Sass 2009) and reducing wave scouring, or, hinders growth by shading out plants (Engel and Pederson 1998). Regardless, additions of wood should not be expected to have significant or far reaching influences on aquatic plant communities in northern Wisconsin lakes.

Near-shore woody structure is typically thought to promote ecosystem balance, particularly in highly developed lakes where this habitat has been previously removed. Project designers should be conscientious that large-scale wood addition projects will be more likely to provide positive and far-reaching benefits to aquatic ecosystems than small-localized projects.

### **Citations:**

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